

# What we appreciate appreciates



Accumulate amazingness

Humans are born with a unique set of strengths that complement their temperament & talents.

List your 5 most dominant strengths

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What arenas do they fall into?

Relationship  
Building  
connects us

Executing gets  
things done

Influencing  
persuades others

Strategic  
Thinking  
sees possibilities



How have your strengths served you in your life? What amazing things have they allowed you to accomplish?

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